

SPECIAL STORIES



Kathryn Fisher's father, Michael David Miles, was cared for by Herriot Hospice Homecare at his home in Northallerton, after being diagnosed with terminal lung and liver cancer. Our HOME service brought calm and care in his final days...

Kathryn told us: "Thanks to Herriot Hospice Homecare, I could tell he was comfortable which was so precious."

You can find Kathryn's full story on our website: herriothh.org.uk/news/kathryn-shares-how-we-brought-care-comfort-and-calm-in-her-dads-final-days

"My dad was in his most vulnerable, poorly state but Herriot staff came and gave him dignity – they helped him be him. On top of getting him clean, changing the bedding and his position in the bed, they combed his hair and made him look like him again. Even though he couldn't really communicate, we knew he was clean, as comfortable as he could be and was safe.

"It felt like they actually cared – they saw him as a person and not an illness. They saw a dad, a husband, a grandad."

"When Herriot Hospice Homecare staff talked to me and Mum, they listened, didn't rush our conversations, gave us advice, put a hand on our shoulders and made us really feel like we knew them, and they cared for us.

"As a family we've supported Herriot Hospice Homecare in a few ways – we play the lottery, at Christmas time we dedicated a light in memory of my brother-in-law, and I plan to dedicate a light to him and my dad this year."

HELP US MAKE MORE MOMENTS THAT MATTER

Enjoying Christmas dinner with those you love, feeling safe and comfortable in your own home, having a kind listening ear on the phone when you're feeling low or lonely...

With your support this season, we'll be able to help more families experience special moments like these when it means the most. Our Light up a Life services offer the opportunity for you to recall your own special memories with friends and family who you're remembering, while making moments possible for others.

Dedicate your light today and donate to help us provide vital care for local people living with terminal illness and bereavement.

Complete the enclosed form or visit herriothh.org.uk



MEET HEALTHCARE ASSISTANT, GAIL SMART

Gail Smart is one of our healthcare assistants travelling across Hambleton and Richmondshire. After 43 years working with the army, Gail enjoys now caring for people in the place they call home. She says:

"I started with Herriot after helping to care for a neighbour in their own home. Towards the end of his life, the Herriot team were there to support. I realised then that I would love to be part of such a kind and professional team.

"Our team are humbled to receive many compliments from our clients and their families. It is a privilege to be welcomed into their home to help keep them safe and comfortable. It is so fulfilling to be able to support not just the individual, but also the wider family who are by their side."



Find out more about joining our team out in the community or at Herriot Hospice@The Lambert on our website: herriothh.org.uk/join-our-team



EMOTIONAL WELLBEING SUPPORT THROUGH THE WINTER

Our Just 'B' emotional wellbeing and bereavement support team are here for you every day of the year if you're feeling low, isolated, anxious or grieving.

Call our caring team of experts via Hear to Help on (01423) 856 799, 8am-8pm, seven days a week (local call charges apply).

We're soon to be launching a dedicated Just 'B' newsletter with the latest from this very special part of our family of services. If you'd like to receive this, please sign up at justb.org.uk/contact/sign-up-to-regular-updates

CARE NEWS

 **8,033 MILES**



This September, our HOME team travelled over 8,000 miles across rural North Yorkshire, from Hawes to Stokesley and Richmond to Thirsk.

550 VISITS



...and made 550 visits to provide care in the place people call home.

COMMUNITY SPOTLIGHT

FUNDRAISERS GO THE EXTRA MILE

More than 100 supporters took part in some amazing challenges for us in September. Team Orange took to the Yorkshire Three Peaks, and pounded the pavements of Newcastle in the Great North Run - braving tough conditions and raising thousands of pounds to support our vital work.

Thank you and well done to you all!

If you'd like to take on a challenge, visit our website at herriothh.org.uk/events or email admin@herriothh.org.uk to find out more.

Thank you! **GO ORANGE**

Herriot
HOSPICE HOMECARE



HELLO TO NEW TRUSTEE

WELCOMING DR NICK PALMERLEY

We are pleased to be welcoming Dr Nick Palmerley to our Board of Trustees. Nick is a retired GP who has been active in the Northallerton area for over 20 years. Throughout his time in primary care, Nick developed an interest in palliative care, completing a qualification with the University of Teesside School of Health in 2004.



THANK YOU FROM TONY COLLINS, CHIEF EXECUTIVE

We never underestimate the power of you, our remarkable community giving your time, donations and support so generously. But with almost 90% of the funds required to provide our services now dependent on the generosity of our supporters, we know that we'll need your help more than ever so our team can keep doing all that they can to continue caring for people who need us. Together, we can stay on track with our mission to make sure no one faces the complex challenges of terminal illness and bereavement alone.

Thank you so much,
Tony



Nick said: "I am passionate about Hospice care in all its forms and I'm thoroughly enjoying contributing to the work of Herriot Hospice Homecare, Just 'B' and Saint Michael's Hospice." Chief Executive Tony Collins said: "We are delighted to welcome Nick and his specialist background to our Board, which alongside the wide-ranging expertise we already have in place, will support the ongoing governance of our charity."

Our trustees donate their time and are responsible for the overall governance of Herriot Hospice Homecare, Just 'B' and Saint Michael's Hospice, a registered charity and family of services.

North Yorkshire Hospice Care is a registered charity in England and Wales (518905) with a family of services operating as Herriot Hospice Homecare, Just 'B', Saint Michael's Hospice and Talking Spaces. North Yorkshire Hospice Care is a company limited by guarantee, registered in England and Wales (2121179). Registered address Crimple House, Hornbeam Park Avenue, Harrogate, HG2 8NA.

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"It was brilliant seeing our community come together for our Sustainable Fashion Week, from upcycling preloved items to attending our fundraising fashion show.

"We appreciate each and every one of our customers and donors, who are so supportive!"

CAROLINE LASKEY
RICHMOND SHOP MANAGER



#CHARITY
SHOP
FASHION
WEEK

Herriot
HOSPICE HOMECARE

#SUSTAINABLE
FASHION
WEEK

THANK YOU FOR ALL YOUR SUPPORT



SHOW US YOUR CHARITY SHOP FINDS ON INSTAGRAM
@HerriotHospiceHomecare #HerriotHospicePreloved

See all of our shop locations and opening hours at herriothh.org.uk/shop

VOLUNTEER WITH US

Want to make a real difference with your spare time?

Have a look at some of the rewarding and interesting volunteer opportunities on offer at herriothh.org.uk/support-our-work/volunteer

TELL US WHAT YOU THINK

Scan the code to answer two quick questions which will help us to keep improving our newsletter!



You can also email supportercare@herriothh.org.uk or call (01609) 777 413 to share your feedback.



1 in 3

of our hospice patients will be cared for this year thanks to gifts left in wills.