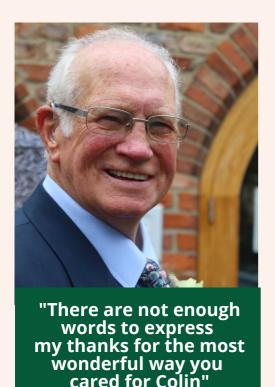
# YOUR SUPPORTER NEWSLETTER



**SUMMER 2023** 

#### SPECIAL STORIES



With Herriot's vital support, Colin Sibley was able to stay at home where he was most comfortable during the last 11 weeks of his life before he died from prostate cancer. Colin's wife Judith shares her memories...

"Colin was a man who never drew the circle of his family and friends too small; a down to earth Yorkshireman - always ready to lend a helping hand when and where it was needed.

"Having been first diagnosed with prostate cancer in 2015, Colin had a variety of treatments over the years, and it was something that was lived with, as opposed to living in its shadow.

"The Herriot team were there to support Colin and myself (and the rest of the family) with his care for the last 11 weeks of his life.

"Fantastic care was given throughout; Colin's smiles showed how much he felt about all you did for him.

"You taught me such a lot which helped me to be a better carer for him, especially during the nights and you were a great support to me, as well as to Colin.

"You are all angels – very dedicated to what you do. Your care, compassion and friendliness were very special to us both. I really can't praise you enough."

Read more of Judith's story at <a href="https://news.news.news.news.news">herriothh.org.uk/news</a>



### BREAKING NEWS

IDAL WAVE OF JUPPORT RAISES

We are completely blown away that, together with pledges and funds raised to date, you, our community enabled us to raise ALL of the remaining funds needed for our capital appeal.

This means the construction of our new local hospice can be completed and we are on track to open our doors THIS YEAR.

### LET'S KEEP GOING

Whether you make a regular donation or take part in a fundraising event, your continued support helps us ensure strong foundations ahead of our doors opening - with all funds raised supporting our team to deliver care across our district right now, helping us grow a team of nurses and professionals to offer care from this very special site, and enabling us to add the essential touches to make our hospice a real home from home.



#### COMMUNITY SPOTLIGHT



#### PETER WRIGHT TAKES TO HIS BIKE!

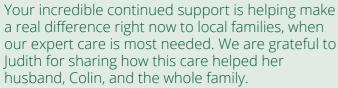
Super supporter Peter - one of the stars of TV's 'The Yorkshire Vet' - completed an epic 170 mile bike ride to raise funds for the Herriot Hospice@The Lambert appeal.

Peter admitted it was tough going but said he was kept motivated by all the people who would be helped when the hospice opens.

The challenging ride undertaken by Peter and his three team mates, raised more than £14,000 which is 'wheely' impressive and very gratefully received.

# THANK YOU FROM TONY COLLINS, CHIEF EXECUTIVE

What a fantastic few months we've had raising funds together so that no one living with terminal illness and bereavement is left to face their complex challenges alone.



What's more, the remarkable impact that our Make Our Local Hospice Happen campaign will have in bringing our community hub to local people is thanks to your astounding generosity, enthusiasm and community spirit. That's not to mention your kind support year-round through your fundraising challenges, in our shops and volunteering.

Let's not stop now on our mission to make sure everyone in our community receives the care they need and deserve.

Warm wishes, Tony

## JOIN OUR NEW TEAM AT HERRIOT HOSPICE@THE LAMBERT

With Herriot Hospice@The Lambert opening later this year, you have the exciting opportunity to join our amazing team of volunteers and staff!

To find out more about helping to power Herriot Hospice@The Lambert, visit: <a href="mailto:thelambert.org.uk/support/volunteering-and-recruitment">thelambert.org.uk/support/volunteering-and-recruitment</a>



To view all our opportunities to join our team, visit: <a href="https://herriothh.org.uk/join-our-team">herriothh.org.uk/join-our-team</a>

#### DONATE



#### DID YOU KNOW?

You can now tap the window of our Thirsk store to donate to Herriot Hospice@The Lambert!

### TEAM MEMBER TRACY COMPLETES 10K FOR HERRIOT



Tracy pictured with her finishers' medal in her first ever 10k!

Herriot Hospice Homecare's Wellbeing Nurse Lead Tracy Seavers took on the Northallerton 10k and raised £670 for Herriot Hospice@The Lambert.

Tracy said: "I moved to the area seven years ago and I have never felt more at home or part of a community as I do here.

"In my work, I see first hand the need for people to have choice in where they can spend their last days and receive specialist support, and I am delighted to have raised so much to help make this happen."

To take on your own challenge for Herriot Hospice@The Lambert, see our events at <a href="mailto:thelambert.org.uk/support">thelambert.org.uk/support</a> or get in touch to chat through your own ideas.

North Yorkshire Hospice Care is a registered charity in England and Wales (518905) with a family of services operating as Herriot Hospice Homecare, Just 'B', Saint Michael's Hospice and Talking Spaces. North Yorkshire Hospice Care is a company limited by guarantee, registered in England and Wales (2121179). Registered address Crimple House, Hornbeam Park Avenue, Harrogate, HG2 8NA.

#### SUPERSTAR SUPPORTER



"It makes me feel so good you have given somebody something which improves their life in a small way. Time costs nothing but it can make a huge difference." Christine Bohanan has been a volunteer driver and sitter for Herriot Hospice Homecare for 10 years since she retired.

She currently supports four people living with a terminal illness and their carers, across a wide geographical area in Hambleton and Richmondshire.

Her visits provide them with some meaningful social activity, whilst also providing carers with a much-needed break from their responsibilities.

She gets to know each person and tailors activities to their needs – such as doing some light weeding for a garden lover, while they sit and enjoy their garden.

Other people might like a drive in the countryside, a game of chess, or just a chat over a cuppa at home.

Christine says: "I like the carers to be able to go out and have some time to themselves, while I spend time with their loved one. One person goes to the gym while I go out for a walk or drive with their partner.

"Other carers might go to the hairdressers, or enjoy the chance to meet a friend for lunch."

Find out more about our volunteer-led befriending service at herriothh.org.uk/how-wehelp/befriending-sitting-driving and click on join our team if you'd be interested in supporting us.

#### OUR IMPACT - THIS JUNE

14,407 MILES



...and made 692 visits to provide care in the place people call home

Our HOME team travelled almost 14,500 miles across rural North Yorkshire, from Hawes to Stokesley and Richmond to Thirsk.





#### IF YOU DO ONE THING...

#### LEAVE A GIFT IN YOUR WILL

Your gift will help us continue to grow our care and support, not just now but for future generations. Together, we can make every day count for patients and their families. Every gift, large or small, really does make a difference to those we care for.

For more information and to talk through how important gifts in wills are to Herriot, please contact our Legacy Manager, Beth Crewe, on (01609) 777 413 or visit herriothh.org.uk/ support-our-work/in-memory-giving

## JUST'B'

#### FINDING THINGS DIFFICULT? WE'RE HEAR TO HELP

Feeling low or isolated? Anxious? Grieving or facing bereavement? If there's something you want to talk through, our caring, trained helpline team are here to listen, support you and signpost you.



Call (01423) 856 799, 8am-8pm, seven days a week. Calls are charged at local rates, visit bit.ly/localcallcharges

### NEW SUPPORT FOR FAMILIES OF PEOPLE WHO GAMBLE

If you're worried about someone close to you gambling, we can give you the support you need, and also help you to support them to reduce gambling harms.

Just 'B' Oasis is a confidential telephone helpline available to anyone living in North Yorkshire, available 7 days a week, 8am to **8pm on 0300 303 4434**. This service is funded by GambleAware's Community Resilience Fund. For more information on Just 'B' and its services go to justb.org.uk



"Stokesley is a lovely place and we get lots of holiday makers visiting the town.

"The team here is absolutely brilliant. We really try our hardest for the hospice and make the shop as good as it can possibly be."

SARAH BAXTER ASSISTANT MANAGER, STOKESLEY





#### SUMMER OPENING HOURS:

Our Stokesley, Masham, Richmond and Thirsk shops are open Sundays as well as Saturdays through the summer! See all shop locations and full opening hours on our shop page: <a href="https://herriothh.org.uk/shop">herriothh.org.uk/shop</a>

#### GIVE 25% MORE BY GIFT AIDING...

When you sign up to gift aid in our shops, we can claim an extra 25p for every £1 of sales from the items you donate! As examples...



£1 from your book £1.25 for us with Gift Aid!



£12 from your dress
£15 for us

with Gift Aid!

£200 from your sofa **£250 for us** 

with Gift Aid!

We'll write to you once a year to let you know how much we've raised from the sale of your items.

If you'd like to boost the value of your financial donations by 25% (separate from retail), you can sign up at herriothh.org.uk/gift-aid

#### THANKING OUR AMAZING VOLUNTEERS



#### Did you know that most of our retail team are volunteers?

In June, we took the opportunity to give them a big hand for the amazing contribution they

make in welcoming our community and generating valuable funds.

Many teams had great fun with celebratory tea parties!

Could you join us a volunteer? We're always keen to welcome new people!

Simply chat to our team in store or visit herriothh.org.uk/support-our-work/volunteer



## WHAT DO YOU THINK OF OUR NEWSLETTER?

We've been trying some new ideas this season and would love to know what you think about this issue, as well as any past issues you've received.

- Which stories/updates are most important to you to read about?
- What do you think of the length and style of our newsletter?

Scan the code to answer these two quick questions which will help us to keep improving!



We want to make our communications easier for everyone

A key feature of our strategy for reaching more people with our care and support is positively developing our approach to equality and diversity.

We're beginning a project exploring and improving how we can make our communications easier to access for our community considering various individuals' needs.

If you have thoughts on how we can make our information more accessible, or you use assistive technology, we'd love to hear from you.

Please email <u>supportercare@herriothh.org.uk</u> or call 01609 777 413 to share your feedback.