

YOUR SUPPORTER NEWSLETTER

FEBRUARY 2023

Herriot
HOSPICE HOMECARE 

AT THE HEART OF YOUR LOCAL HOSPICE COMMUNITY

A message from Tony Collins, Chief Executive

With 2023 upon us, we're excited to see what our generous, compassionate and caring community put their hearts into this year. Because our remarkable community of action is made up of people just like you: those who care deeply about people living with terminal illness and bereavement getting the specialist support they need and deserve; those who are ready to step up alongside us and help make sure no one faces the complex challenges of grief, anxiety or loneliness alone; and those who recognise the incredible feeling – that warm glow – of knowing you've made a real difference to families, friends and neighbours in our local community.

It's a particularly important year as we work towards opening the doors of our very first hospice building this Autumn. [Herriot Hospice@The Lambert](#) will help families in Thirsk, Northallerton and across Hambleton and Richmondshire get the right care, at the right time, in the right place. For our communities across 1,000 sq miles of rural North Yorkshire, we know developing these services close to home is vital.

But to achieve this vision, and ensure our growing HOME service and emotional wellbeing support can continue to be there to meet the needs of local people, we need your help. This year, we have many wonderful ways to experience that warm feeling of contributing to our care. Whether it's taking strides in one of our exhilarating challenges, helping us hit our Herriot Hospice@The Lambert public appeal target, meeting new people as a volunteer or being in with a chance of winning in our exciting new lottery 'Your Community Lottery'. By giving a little and caring A-LOTtery, you could win £1,000 and be in with a chance of winning up to £5,000 with our new rollover prize! You can sign up [on our website](#).

We are so thankful for all your fantastic support and know that you'll join us on our mission to deliver more care to more people than ever before in 2023.

**Thank you for your continued support,
Warm wishes,
Tony**

GAIL INSPIRES US WITH SUPER SKYDIVING CHALLENGE

Super supporter Gail Websdale raised over £1,200 with a skydive, in tribute to her mum who was cared for by us. Gail said after her skydive: "I had the best time. I would love to do it all again if I could." [Find out how you can take on a challenge at herrioth.org.uk](#)



INTRODUCING OUR WELLBEING NETWORK

The Herriot Wellbeing Network is launching to offer physical, practical, emotional, social and spiritual support, tailored to a person's individual needs. We are currently offering a weekly drop-in session at Thirsk Town Hall on Tuesdays, 2pm – 4pm, for people affected by terminal illness, bereavement or those who need help with their emotional wellbeing. We also have a brand new peer Share & Support group for patients, families and carers, which is by professional referral only.

[Find out more about our services at herrioth.org.uk](#)



**WE'RE HEAR TO HELP
IF YOU'RE FINDING
THINGS DIFFICULT**

JUST 'B'

If there's something you're worried about or are feeling low, our caring, trained helpline team are here to listen, support you and signpost you.

Call (01423) 856 799,
8am-8pm, seven days a week.



Just 'B' is part of our family of services. Calls are charged at local rates, visit bit.ly/localcallcharges

JUST 'B' THERE

Our emotional wellbeing and bereavement support service is helping you to Just 'B' There for someone this winter.

Order your free pack of beautifully designed note cards and envelopes, and pop one in the post to someone you care about. They may be experiencing grief, loneliness, anxiety or just finding things difficult.

Your pack includes helpful ways to let someone know you are thinking of them and details of our Hear to Help telephone line, where our friendly team is here to listen.

Visit justb.org.uk to find out more.



VOLUNTEERS AT THE HEART OF OUR COMMUNITY



Volunteer, Caroline Ponting has been a valuable member of our team since 2016 when our Bedale shop opened.



"Herriot Hospice Homecare is a fantastic charity to volunteer for, being local.

"I'm 82 this year and it's so nice to have the opportunity at my age to get out and make a difference. I love bringing joy and happiness to people in our community through our Bedale shop.

"If you're considering volunteering, please give it a try! It's very rewarding and perfect if you like helping and serving people."

Our Bedale shop has recently had some exciting refurbishments. Why not pop in to see our new look, and chat to Caroline, manager Dawn and the team?



Find out more about all our shops at herriothh.org.uk/shop



MAKE YOUR SPARE TIME COUNT

Your spare time makes a big difference! We'd welcome more volunteers in our community shops; people to support patients and families in their homes; Just 'B' support volunteers to work with children and young people; volunteers to help at our community events or at collections - and many more rewarding opportunities.

COULD YOU SUPPORT PEOPLE LIVING WITH MND?

We're looking for caring, friendly volunteers:

- To help out once a month at our support group
- To learn how to give hand and arm massages
- To spend a couple of hours a week visiting someone in their own home



No experience needed as we will give you full training and support

To find out more or apply for a volunteering role, please email admin@herriothh.org.uk or visit herriothh.org.uk/volunteer

HERRIOT HOSPICE@THE LAMBERT: CONSTRUCTION COMMENCES

Work is beginning on transforming the former Lambert Memorial Hospital into a much-loved community care hub, bringing inpatient hospice care closer to home for people in Hambleton and Richmondshire.

As we announce our selected supplier, The Together Group, we also launch your dedicated Lambert newsletter to bring together a host of news, updates and opportunities as this project enters its next phase- **please see "[Your Lambert Latest](#)" to find out more about the exciting developments.**

Visit herriothh.org.uk/thelambert or call (01609) 777 413 to donate or become a regular giver. You can also request your free fundraising pack, full of inspiration and resources.

INTRODUCING OUR CARE CONNECTOR



Working across rural Reeth and surrounding areas, our Care Connector, Kay Cole, meets with people in the community to understand their needs, set personalised goals and help them access services.

Kay's role is here to improve people's quality of life, and help them stay at the place they call home whilst receiving care.

Find out more about the support we provide at herriothh.org.uk

COULD WE BE YOUR WORKPLACE CHARITY PARTNER?

The new year is often the perfect time for businesses to select a charity to support throughout the year. Why not consider nominating us at your company?

Your support will help make a real difference to local people. Partnering with us, you can help support in fun and meaningful ways from fundraising and events to volunteering.

Email partnerships@herriothh.org.uk to find out more.

NEW YEAR, NEW JOB? WE'RE RECRUITING!

Take a look at our exciting opportunities right across our charity. Whether you're interested in helping raise vital funds, providing our expert healthcare or being a friendly face in our shops, we'd love to hear from you!

See current vacancies at herriothh.org.uk/staff_vacancies